

Lunch price \$3.50 includes milk

Additional Milk \$.11

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 HOT LUNCH Bowl of Chili *Cheddar Goldfish, WG Chilled Pineapple Jell-O Milk, Fat Free ALTERNATE Chicken Rings SALAD OF THE DAY Chef Salad	2 HOT LUNCH PAPA JOHNS PIZZA Salad Juice Bar Milk, Fat Free ALTERNATE Grilled Cheese SALAD OF THE DAY St. Louis Hill Salad
5 HOT LUNCH * Chicken Strips BBQ Sauce Corn Fresh Fruit/Seasonal Cookies Milk, Fat Free ALTERNATE Bosco Stick SALAD OF THE DAY Garden Salad	6 HOT LUNCH *Pancake & Sausage on Stick, WG Syrup Tator Coins Orange Half Milk, Fat Free Sugar Cookie ALTERNATE French Toast SALAD OF THE DAY Chicken Caesar Salad	7 HOT LUNCH HERITAGE LUNCH Catfish Nuggets Mac & Cheese Cabbage Red Velvet Cake Milk, Fat Free ALTERNATE Chicken Rings SALAD OF THE DAY BLT Salad	8 HOT LUNCH *Toasted Ravioli Green Beans Mandarin Oranges *Cookie Milk, Fat Free ALTERNATE Chicken Rings SALAD OF THE DAY Chef Salad	9 HOT LUNCH *Cheese Pizza WG Lettuce & Carrot Salad Lite Ranch Dressing Fresh Fruit/Seasonal 100% Juice Bar Milk, Fat Free ALTERNATE Grilled Cheese SALAD OF THE DAY St. Louis Hill Salad
12 HOT LUNCH *Chicken Patty Sandwich WG *French Fries/Ketchup Green Beans Quartered Oranges Milk, Fat Free ALTERNATE Bosco Stick SALAD OF THE DAY Garden Salad	13 NO SCHOOL	14 NO SCHOOL	15 HOT LUNCH *Bosco Stick Spaghetti Sauce Mixed Vegetables Fruit Cocktail 100% Fruit Juice Bar Milk, Fat Free ALTERNATE Chicken Rings SALAD OF THE DAY Chef Salad	16 HOT LUNCH PAPA JOHNS PIZZA Salad Juice Bar Milk, Fat Free ALTERNATE Grilled Cheese SALAD OF THE DAY St. Louis Hill Salad
19 NO SCHOOL	20 HOT LUNCH BREAKFAST FOR LUNCH! *French Toast Sticks Syrup *Bacon *Triangle Hash Brown Fresh Fruit/Seasonal Milk, Fat Free Chocolate Chip Cookie ALTERNATE Waffle SALAD OF THE DAY Chicken Caesar Salad	21 HOT LUNCH *Popcorn Shrimp *Seasoned Fries Mixed Vegetables *Cookie Milk, Fat Free ALTERNATE Hamburger SALAD OF THE DAY BLT Salad	22 HOT LUNCH Cheeseburger on WG Bun Baby Carrots Jell-O Fresh Fruit/Seasonal Milk, Fat Free ALTERNATE Chicken Rings SALAD OF THE DAY Chef Salad	23 HOT LUNCH *Pepperoni Pizza WG Tossed Salad Light Ranch Dressing Fresh Fruit/Seasonal Fresh Baked Brownie Milk, Fat Free ALTERNATE Grilled Cheese SALAD OF THE DAY St. Louis Hill Salad
26 HOT LUNCH *Chicken Rings Seasoned Noodles Lettuce & Carrot Salad Light Ranch Dressing Sherbet Milk, Fat Free ALTERNATE Bosco Stick SALAD OF THE DAY Garden Salad	27 HOT LUNCH BREAKFAST FOR LUNCH! Scrambled Eggs *Hash Brown Triangle Fresh Fruit/Seasonal *Cinnamon Streusel Milk, Fat Free Bomb Pop ALTERNATE Bagel SALAD OF THE DAY Chicken Caesar Salad	28 HOT LUNCH *Pizza Stix Lettuce & Carrot Salad Lite Ranch Dressing Fresh Fruit/Seasonal Fruit Snack Milk, Fat Free ALTERNATE Hamburger SALAD OF THE DAY BLT Salad		



"USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER"

Items to change subject to availability

All FSC menus follow the USDA guidelines and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).

Food Service Consultants, Inc.
"Serving You With Pride"

