




APRIL 2018

Lunch price \$3.50 includes milk

Additional milk \$.11

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
NO SCHOOL	HOT LUNCH *Toasted Ravioli Green Beans Mandarin Oranges *Cookie Milk, Fat Free Sherbet ALTERNATE Hot Dog SALAD OF THE DAY Chicken Caesar Salad	HOT LUNCH *Pizza Stix Lettuce & Carrot Salad Lite Ranch Dressing Fresh Fruit/Seasonal Fruit Snack Milk, Fat Free ALTERNATE Chicken Rings SALAD OF THE DAY BLT Salad	HOT LUNCH BREAKFAST FOR LUNCH! *Waffle with Syrup *Sausage Patty Peaches Strawberry Yogurt Cup Milk, Fat Free ALTERNATE French Toast SALAD OF THE DAY Chef Salad	HOT LUNCH CHICK-FIL-A FRIES FRESH FRUIT/SEASONAL MILK, FAT FREE  ALTERNATE Grilled Cheese SALAD OF THE DAY St. Louis Hill Salad
9	10	11	12	13
HOT LUNCH * Chicken Strips BBQ Sauce Corn Fresh Fruit/Seasonal Cookies Milk, Fat Free ALTERNATE Bosco Stick SALAD OF THE DAY Garden Salad	HOT LUNCH Hamburger on WG Bun *Baked Fries Baby Carrots Fresh Fruit/Seasonal Milk, Fat Free Sugar Cookie ALTERNATE Hot Dog SALAD OF THE DAY Chicken Caesar Salad	HOT LUNCH *Bosco Breadstick Sauce Lettuce & Carrot Salad Lite Ranch Dressing Applesauce Oreo Cookies Milk, Fat Free ALTERNATE Chicken Rings SALAD OF THE DAY BLT Salad	HOT LUNCH Bowl of Chili *Cheddar Goldfish, WG Chilled Pineapple Jell-O Milk, Fat Free ALTERNATE Pretzel with Cheese SALAD OF THE DAY Chef Salad	HOT LUNCH BELLACINO'S PIZZA SALAD FRESH FRUIT/SEASONAL MILK, FAT FREE  ALTERNATE Grilled Cheese SALAD OF THE DAY St. Louis Hill Salad
16	17	18	19	20
HOT LUNCH *Chicken Patty Sandwich WG *French Fries/Ketchup Green Beans Quartered Oranges Milk, Fat Free ALTERNATE Bosco Stick SALAD OF THE DAY Garden Salad	HOT LUNCH *Jumbo Corn Dog Fresh Cooked Carrots Applesauce Cookie Milk, Fat Free Bomb Pop ALTERNATE Chicken Rings SALAD OF THE DAY Chicken Caesar Salad	HOT LUNCH Soft Chicken Taco Rice Salad Juice Bar Milk, Fat Free ALTERNATE Hot Dog SALAD OF THE DAY BLT Salad	HOT LUNCH Fettuccini Alfredo Steamed Broccoli *Fresh Breadsticks *Cookie Milk, Fat Free ALTERNATE Pretzel with Cheese SALAD OF THE DAY Chef Salad	HOT LUNCH PAPA JOHN'S PIZZA CARROTS WITH RANCH FRESH FRUIT/SEASONAL MILK, FAT FREE  ALTERNATE Grilled Cheese SALAD OF THE DAY St. Louis Hill Salad
23	24	25	26	27
HOT LUNCH *Chicken Rings Seasoned Noodles Lettuce & Carrot Salad Light Ranch Dressing Sherbet Milk, Fat Free ALTERNATE Bosco Stick SALAD OF THE DAY Garden Salad	HOT LUNCH Cheeseburger on WG Bun Baby Carrots Jell-O Fresh Fruit/Seasonal Milk, Fat Free Vanilla Cup ALTERNATE Hot Dog SALAD OF THE DAY Chicken Caesar Salad	HOT LUNCH *Pancake & Sausage on Stick, WG Syrup Tator Coins Orange Half Milk, Fat Free ALTERNATE French Toast SALAD OF THE DAY BLT Salad	HOT LUNCH Nachos and Cheese, WG Green Beans Fresh Fruit Churro Milk, Fat Free ALTERNATE Pretzel with Cheese SALAD OF THE DAY Chef Salad	HOT LUNCH Cheese Pizza Salad Fresh Fruit/Seasonal Milk, Fat Free ALTERNATE Grilled Cheese SALAD OF THE DAY St. Louis Hill Salad
30				
HOT LUNCH *Chicken Nuggets Corn Fresh Fruit/Seasonal Fresh Baked Brownie Milk, Fat Free ALTERNATE Bosco Stick SALAD OF THE DAY Garden Salad				



"USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER"

Items to change subject to availability

All FSC menus follow the USDA guidelines and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.
"Serving You With Pride"

